



Anne Sippi Clinic - Kern County

Adult Community Services

About Anne Sippi Clinic

Our clinics were named after one of our first clients, Anne Sippi, whose courageous struggle with her illness inspired many of those around her. We opened our Los Angeles facility in 1978 and our rural Kern County facility and outpatient clinic in 1996. In 2003, we opened our prevocational work site, *The Garden House Store*.

Our environments are operated by Drs. Michael Rosberg, Chess Brodnick, and CEO, Susan Rajlal. For more than 24 years, the Anne Sippi Clinics' treatment teams have developed a unique and accessible system of care and treatment designed to address the needs of the more difficult and underserved segment of the severely mentally ill. Our goal lies in helping individuals with severe and persistent mental illness to reduce their symptoms, improve the quality of their lives and regain a sense of productivity. Our specialized methods encompass treatments for psychotic and affective disorders, personality disorders, dual diagnoses (that include substance abuse) and other acute as well as long-term mental disorders.

The journey from confusion to productivity, self-empowerment and improved quality of life is individualized within an integrated, open system of care. Our programs are flexible and exist within a comprehensive living environment that grows to accommodate the changing needs and goals of each individual. The Anne Sippi Clinic staff employs the latest technologies, methods and research protocols and combine this with the experience gained by over 25 years of care and treatment for the severely mentally ill.



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ASC TREATMENT GROUP

Adult Community Services

ASC INTEGRATED AND ACCESSIBLE SERVICE: *A Recovery Model*

Anne Sippi Clinic Adult Community Services specializes in the treatment of serious mental illness by providing a continuum of community-based services designed to support each individual whatever his or her needs for treatment. The continuum of care offers choices and flexibility for each individual whether the person needs residential services or only needs medication services, counseling and prevocational training. ASC provides continuity of treatment whatever the stage of illness or wellness the individual is experiencing. Through the community living support services program, the individual stable enough to live independently may even receive support services in the home. The guiding principle throughout our continuum is that the illness is only one aspect of the person and, with proper client-centered treatment and support services, each individual has the potential for growth, productivity and quality life in their community.

ASC Adult Community Services offers:

- Individualized treatment planning and case management
- Pharmacotherapy and medication management
- Cognitive interventions through individual and group psychotherapy
- Intensive Outpatient Services including symptom awareness groups, social skills and communication groups, coping skills groups, substances abuse prevention groups, medication training and physical health care skills groups and prevocational groups.
- Family counseling
- Residential care services
- AB 1425 Community Living Support Services
- The Garden House Store work experience

For more information, contact ASC Adult Community Services,
2916 Eye St., Bakersfield, CA 93301 Phone: (661) 636-0566
or visit our website at www.schizophreniatherapy.com

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Continuum of Care

A Community-Based Recovery Model

